

SUNDAYS AT FRED'S

2 COURSES £16.95 / 3 COURSES £19.95

Frederiks

neighbourhood kitchen & bar

STARTERS - £5.00 EACH

- Fresh soup of the day served with rustic bread (V) (Gf)
- BBQ babyback ribs
- Chicken liver pâté with fig chutney & crostinis
- Fred's hummus, olives & pitta (V) (Gf)

ROASTS -

ALL OF FRED'S ROAST DINNERS ARE SERVED WITH HOMEMADE YORKSHIRES (Gf), ROASTED POTATOES, CARROT & SWEDE MASH. BUTTERED GREENS & GRAVY.

- French trimmed chicken supreme with pork & sage stuffing £12.00
- Roast lamb with mint sauce £14.00
- 12 hour slow roasted beef brisket £13.00
- Mushroom & spinach nut roast with roasted new potatoes & veggie gravy (Ve) (Gf) (N) £11.00
- Cod fillet with herb crust £13.00
- The Gluten Free Pie Company Pie £12.00

EXTRAS - £3.50 EACH OR 2 FOR £6.00

- Cauliflower cheese with crispy shallots (V) (Gf)
- Seasonal vegetables (Ve)
- Roasted potatoes
- Pigs in blankets
- Yorkshire puddings

DESSERTS - £4.50 EACH

- Baked vanilla cheesecake & bitter berry compote (V)
- Sticky toffee pudding with clotted cream (V)
- Chocolate brownie with ice cream (Ve) (Gf)
- Warm choc chip cookie dough & vanilla bean ice cream (V)

GO ON, GIVE FRED A FOLLOW



WHITE -

	175ml	250ml	BOTTLE
- Jean-Paul Colombard	£4.50	£6.00	£15.00
- False Bay Chenin Blanc	£4.80	£6.50	£17.00
- Emiliana Chardonnay	£5.00	£6.80	£19.00
- Mirabello Pinot Grigio	£5.00	£6.80	£19.00
- Cloud Factory Sauvignon Blanc	£6.00	£7.50	£23.00
- Picpoul De Pinet	-	-	£23.00

ROSÉ -

- False Bay Grenache	£4.50	£6.00	£15.00
- Ancora Pinot Grigio Rosé	£4.80	£6.50	£17.00

RED -

- Rame Garnacha	£4.50	£6.00	£15.00
- Grande Cape Shiraz	£4.80	£6.50	£17.00
- Nieto Malbec	£6.00	£7.50	£23.00
- Vega Del Rayo Rioja	-	-	£24.00

SPARKLING -

- Prosecco	£5.50	-	£23.00
- Sparkling Rosé	£5.50	-	£23.00

We also carry a wide range of speciality gin serves, prosecco serves, craft beers & award-winning house cocktails. Please ask a member of staff for our full drinks menu.

Please note all dishes are prepared in a kitchen where nuts are used.
For full allergens information please ask your server.

Advanced reservations recommended
www.frederikshopestreet.com

Dietary information - Suitable for Vegetarians (V), suitable for Vegans (Ve),
Gluten free (Gf), Contains nuts (N).