

Frederiks

neighbourhood kitchen & bar

OUR MENU IS PREDOMINATELY SMALL PLATES (WITH THE EXCEPTION OF PIZZAS & BURGERS), WE RECOMMEND 3 PLATES PER PERSON. ALL PLATES ARE COOKED FRESH TO ORDER SO ARRIVE AT YOUR TABLE AS AND WHEN THEY'RE READY. SO, CHOOSE YOUR FAVOURITES AND ENJOY!

BAR SNACKS

- Sourdough & Oils (V) 3.
- Padron Peppers (V) (Gf) 4.
- House Marinated Olives (V) (Gf) 4.

MEAT

- Baby Back BBQ Ribs (Gf) 7.5
- Honey & Mustard Pigs in Blankets (Gf) 6.5
- Pulled Pork, Waffle Stack, Maple Bourbon Syrup 7.5
- Cajun Chicken Goujons 6.5

FISH

- King Prawn Pil Pil (Gf) 9.
- Blackened Cod (Gf) 7.
- Buttermilk Fried Squid 7.

VEG

- Red Wine Mushrooms & Creamy Polenta (Ve) (Gf) 7.
- Butternut Squash Risotto (Ve) (Gf) 7.5
- Deep Fried Aubergine & Harissa (Ve) 6.5
- S&P Halloumi Bites (V) (Gf) 6.5
- Seasonal Greens (Ve) (Gf) 5.5
- Cauliflower Cheese (V) 5.

PIZZAS

All available with (Ve) Cheese

- Garlic Bread (V) 6.5
- Garlic Bread with Cheese (V) 7.5
- Margherita (V) 8.5
- Florentine - Spinach, Black Olives & Egg (V) 9.5
- Buffalo Mozzarella, Sunblushed Tomato & Basil (V) 9.5
- American Hot - Pepperoni, Jalapeños & Chilli Oil 10.
- BBQ Pulled Pork 10.
- Chicken & Sweetcorn 10.
- Pepperoni 10.
- Beef Brisket & Lombardi Pepper 10.5
- Goats Cheese & Red Onion (V) 10.5
- Garlic Prawn Pizza 11.
- Italian Meats 11.

BURGERS

with Slaw & Fries

- Fat Freddie Burger 11.
10oz Pattie, Burger Sauce, Lettuce, Tomato, Gherkins, Onion Rings
- Freddy 5 Bean Burger (V) 10.5
Burger Sauce, Lettuce, Tomato, Gherkins, Onion Rings

BOARDS

- Charcuterie 15.
- Cheese 15.

STARCH

- Mac & Cheese (V) 5.5
- Salt & Vinegar Potatoes (V) (Gf) 3.5
- Sweet Potato Fries (V) 3.5
- Shoestring Fries (V) (Gf) 3.5

SALADS

- Market Greens, Fred's Dressing (V) (Gf) 4.5
- Tomato & Mozzarella (V) (Gf) 6.5

DESSERTS

- Baked NY Cheesecake & Bitter Berry Compote (V) 4.5
- Sticky Toffee Pudding & Clotted Cream (V) 4.5
- Double Chocolate Brownies & Coconut Caramel (V) (Gf) 4.5
- Warm Chocolate Chip & Vanilla Bean Ice Cream (V) 4.5
- Nutella & Strawberry Pizza (V) 4.5

FRED'S FAMOUS ROAST

Lovingly served every Sunday.

2 courses £16.95

3 courses £19.95

Advanced reservations recommended

Please note all dishes are prepared in a kitchen where nuts are used.
For full allergens information please ask your server.



@FREDSHOPEST

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www.frederikshopestreet.com

Dietary information - Suitable for Vegetarians (V), suitable for Vegans (Ve),
Gluten free (Gf).