

# Frederiks

neighbourhood kitchen & bar

## SOUP & SANDWICH

£6.00

(Monday – Saturday only, between 12.00pm–4.00pm)

Soup of the day served with your choice of sandwich;

- Hummus & Grilled Red Pepper (ve)
- Grilled Halloumi & Mediterranean veg (v)
- Cheese & Tomato (v)
- Brisket & Jalapeno
- Prawn Marie Rose

## STARTERS & SMALL PLATES

Salt and Pepper Halloumi Fries (v)	£5.00
Prawn and crayfish fish cakes with harissa mayonnaise (g)	£5.00
Halloumi and roasted red peppers (v)	£5.00
Soup of the day with rustic bread	£4.50
Spicy arrabiata meatballs with mozzarella (g)	£5.00

## FRED'S FAMOUS ROAST

Lovingly served every Sunday.

2 Courses £15.00

3 Courses £18.50

Advanced reservations recommended

[www.frederikshopestreet.com](http://www.frederikshopestreet.com)

Allergen content – Contains gluten (g), contains nuts (n).

Please note all dishes are prepared in a kitchen where nuts are used.

For full allergens information please ask your server.

## MAINS

Fat Freddie beef burger with slaw and fries (g)	£11.00
Beef brisket and jalapeno burger with slaw and fries (g)	£11.00
Halloumi and grilled red pepper burger with slaw and fries (v)	£10.50

(Add bacon £1, add cheese 50p)

Seabass fillet with sprouting broccoli, new potatoes, hazelnuts, Parmesan and Caesar sauce (n)	£12.00
Pan roasted chicken breast, green beans, Stornoway Black pudding mash & chasseur sauce (g)	£12.00

## PIZZA

Brisket and Jalapeno (g)	£8.00
Sun-dried tomato and basil oil (v/g)	£8.00
Chargrilled Mediterranean vegetables and pesto (v/g/n)	£8.00
Pepperoni, chilli and mozzarella (g)	£8.00

## EVENING & PRE-THEATRE SPECIAL

2 Courses £13.50 / 3 Courses £16.50

Service times as our evening menu

## SIDES

Sesame greens (ve)	£3.00
Garden green salad with mustard and balsamic dressing (ve)	£3.00
Hand cut chips (v)	£3.50
Sweet potato fries (ve)	£3.50
Homemade Cajun wedges with garlic mayo (v)	£3.50
Skin on fries (ve)	£3.00

## DESSERTS

Oreo cheese cake jam jar (g)	£5.00
Sticky toffee pudding with salted caramel sauce and vanilla ice cream (g)	£5.00
Belgium waffles with fruit compote, vanilla ice cream and maple syrup (g)	£5.00

## IN THE MOOD FOR A PARTY?

Frederiks fabulous Pillbox is available to hire

7 days a week.

A private space & perfect for clandestine meetings, discreet dinners or celebrations, ask one of the team for more details.

Dietary information – Suitable for Vegetarians (v), suitable for Vegans (ve).